Garioch Community Kitchen – Cooking Class Observation Sheet

Session Number ……………………………………………………………………………………

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Name | Hygiene &Safety | Knife Skills | Follow a Recipe | Use of Equipment | Cooking Methods | Final Dish | Tasting | Facilitator Input | Discussions | Comments |
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| Scoring/Rating | Hygiene & Safety | Knife Skills | Follow a Recipe | Use of Equipment | Cooking Methods | Final Dish | Tasting | Facilitator Input | Discussions | Comments |
| 1 | Requires prompting every time | No basic skills | Unable to follow recipe (needs help) | Unable to use equipment | No Understanding | Did not produce dish | Did not taste dish | Needed | No participation/input | Anything of interest not already captured |
| 2 | Some prompting required | Some skills | Follows recipe but not in order/needs some help | Familiar with use of some equipment | Limited understanding | Some elements completed/edible | Small amount taken | Some input needed | Some participation/input |  |
| 3 | Independent | Competent | Competent | Competent | Fully Understands | Fully completed/edible dish | Sat with group and tasted all/most dishes | Independent | Fully participates |  |

Developed by Fife Health and Social Care Partnership and adapted by Garioch Kitchen