

Community café outcomes

People have more access to healthy food/meals.

People have more opportunities to come together within the community in a safe space.

People have a better opportunity to access affordable meals in their community.

Volunteers have more positive destinations. (eg education, training, employment, other voluntary work or activities, including engagement in sport, leisure or cultural opportunities, achievement of awards)

Improving the independent living skills of vulnerable volunteers/trainees. (eg young people with learning disabilities, those experiencing mental health issues)

Increasing volunteers (or customers*) social skills. (*it can be harder to identify and evidence this for customers as there is a different relationship, don't make assumptions a quiet customer may be highly skilled socially already)

Volunteers are preparing healthier meals for themselves at home.

Improving the ability of older people, people with dementia or other vulnerabilities to live independently at home.

Peoples' sense of belonging in their community has increased.

Volunteers feel more socially connected.

Customers feel more socially connected.

Improve the employability of trainees/volunteers.

Improve the sustainability of the café.

Improving the food security of those experiencing food insecurity.

Improving community member's health.