

# Good Food Nation- A Growing Response



## What are community gardens?

- Come in all shapes and sizes
- Scotland wide
- Support a wide range of different people
- Are often in areas of economic disadvantage
- Have a range benefits including improved health and well being, skills, social connections, growing and sharing healthy, fresh, local food.



# Who are the Federation of City Farms and Community Gardens?

A national network

Support, promote and represent community gardens

152 members in Scotland and growing





## Areas of work

### Advisory service

- Training, regional network support and development, sharing good practice, site visits, monthly bulletin.

### Community Land Advisory Service

- Land agreements, policy response, legal expertise.

### Growing Together

- Business planning, strategy, income generation.

### Policy and Strategic development



## What is A Good Food Nation?

Recipe for success (2009)

Becoming a Good Food Nation  
(2014)

Identified key policy areas-

Food in public sector, Children's  
food , **Local food**

It underlines a commitment to a  
variety of approaches including  
strong community engagement.

*“Our aspiration is that Scotland is a Good Food Nation, a country where people from every walk of life take pride and pleasure in, and benefit from, the food they buy, serve, and eat day by day.”*

## And?

Opportunity to take a proactive approach to making local food work.

National recognition and the chance to shout about how community growing projects can and DO play a part in key concept areas of

Health and wellbeing,  
environmental sustainability  
local economic prosperity  
resilient communities  
and fairness in the food chain



## What next?

Good Food Nation Bill  
consultation opens later in  
the year.

We will respond and  
encourage you to do the  
same!

We will be running workshops  
and gathering views of our  
members





## Where next?

- Sign up for our monthly bulletin
- Visit [www.farmgarden.org.uk](http://www.farmgarden.org.uk)
- Contact us for support and advice
- [lou@farmgarden.org.uk](mailto:lou@farmgarden.org.uk)
- See Scottish Food coalition website for more detailed policy info
- <http://www.foodcoalition.scot>
- Scotland's Food in Scotland's Hands. 23<sup>rd</sup> November, Edinburgh.  
[Goodfoodnation.eventbrite.co.uk](http://Goodfoodnation.eventbrite.co.uk)

