

## FOOD SECURITY COMMUNITY-LED RESEARCH PROJECT



**community  
food and health**  
(scotland)

### Community Researcher Training – Record of participation, outcomes, knowledge and skills

**Name:**

**Participation in project:**

Session	Content	Completed
<b>1</b>	<b>Preparation</b> – Community researcher process and role; awareness of food security; building confidence and listening skills.	
<b>2</b>	<b>Designing questions</b> – Designing questions; identifying who to ask; continuing to build confidence in role, listening and speaking.	
<b>3</b>	<b>Planning research</b> – Refining questions; deciding methods and timetable.	
<b>Burns Event Survey</b> – Practice data collection		
<b>4</b>	<b>Analysing data 1</b> – How to analyse data; and what it tells us.	
<b>Group interviews</b> – Collecting data from target groups; and typing up.		
<b>5</b>	<b>Analysing data 2</b> – Reviewing experience; analysis and identifying findings.	
<b>6</b>	<b>Pulling it all together</b> – How to report and share our findings? <b>Celebration</b>	

**Learning outcomes, knowledge and skills achieved:**

Learning outcomes	Indicators	Achieved
Increased individual and group confidence	Increased confidence in their role as a Community Researcher.	
	Increased confidence to engage with individuals and groups.	
	Feeling part of a team.	
Contribution as a Community Researcher	Having designed and carried out a piece of research that contributes to the work of CWIN.	
	Made a contribution to the work of their organisation or their community.	
	Motivation to be more involved with their organisation.	
Awareness and understanding about food security/insecurity	Increased awareness of food security/insecurity.	
	More understanding about how food insecurity affects individuals and families in their community.	
Increased research knowledge and skills	Awareness of role, boundaries and other safety issues.	
	Planning a research or evaluation project	
	Using different research and evaluation methods.	
	Better listening skills.	
	Analysis and reflection skills.	
	Reporting skills	

**Date:**

**Signed:**

