



LEARNING AND DEVELOPMENT PROGRAMME 2013/14

Community Food and Health (Scotland)'s updated learning and development programme includes a range of courses which aim to help you build and expand the skills, knowledge and expertise you have within your organisation.

Anyone involved with community food and health work is welcome to apply: volunteers, members of staff, committee members and staff supporting community food organisations or activities. Applying for places is easy: you can apply using our [online application forms](#) or email nhs.HealthScotland-CFHS@nhs.net. All of our courses are fully funded.

For more information about any of the courses, please contact Anne on 0131 313 7505 or anne.gibson5@nhs.net.

PROGRAMME

Introduction to Social Enterprise

What is it?

This one-day course will look at:

- what is social enterprise?
- different models of social enterprise
- benefits and drawbacks of this business model

Who's delivering? Social Enterprise Academy

When? 7 November 2013

Times? 10 am – 1 pm

Where? Reunion Canal Barge, Edinburgh

No of places? 16

Marketing your community food initiative

What is it?

This one-day course will cover the following:

- What marketing is and is not
- How marketing can help you promote what you do
- Help define who needs to know what
- Tools and techniques that you can use to get your message across

You will also leave the day with ideas about how to write your own marketing plan.

Who's delivering? Social Enterprise Academy

When? 21 November 2013

Times? 10 am - 4.30 pm

Where? Raploch Community Campus, Stirling

No of places? 12

Introduction to health and safety and risk assessment

What is it?

This half-day course will help you make your premises and activities safer for your customers, volunteers and staff. The course covers:

- basic health and safety law
- 5 step approach to risk assessment
- practical application of risk assessment

The course will also give you an opportunity to find out more about the work of the Scottish Centre for Healthy Working Lives and how they may be able to support your group.

Who's delivering?	Scottish Centre for Healthy Working Lives
When?	26 November 2013
Times?	9.30 am – 12.30 pm
Where?	Meridian Court, Cadogan Street Glasgow
No of places?	10

Royal Society for Public Health Level 3 Award in in Nutrition for Healthier Food and Special Diets

What is it?

This 3-day course is a 'stepping stone' to the RSPH Diploma in Nutrition/ RSPH Level 4 in Nutrition courses. The course includes a 2-hour multiple choice exam, held on the afternoon of the third day.

The course is Office of Qualifications and Examination Registration (Ofqual) accredited with a credit value of 3. Ofqual register qualifications in the National Curriculum and the Qualifications and Credit Framework (QCF) for England and is recognised by the Scottish Qualifications Authority.

PLEASE NOTE: to apply, you must have obtained the REHIS (Royal Environmental Health Institute of Scotland) Elementary Food and Health qualification or a similar qualification before the course starting date. Please see the application form for further information on this course, including the funding conditions.

Who's delivering?	The Nutrition Training Company
When?	20-22 January 2014
Times?	9.15 am – 4 pm
Where?	The Renfield Centre, Bath Street, Glasgow
No of places?	10

WHAT ELSE?

Travel to venues: The venues we are using can all be reached by public transport (bus or train). Because our courses are fully funded, we won't normally help with travel costs, but may be able assist in exceptional circumstances. If you would like more information, please contact us.

Cancellation charge

The costs of delivering all of the courses in our learning and development programme (tutor, venue and catering costs) are being met by CFHS. If you book a place at one of our events and do not attend, CFHS reserves the right to impose a cancellation charge to cover some of the costs incurred. If implemented, we will charge you unless we have been notified that the place will not be used at least 10 days before the event and/or we are able to fill the place. This cancellation charge will be £50 or 50% of the cost to CFHS for providing this place, whichever is greater.