

FUNDING FOR BASIC NUTRITION TRAINING FOR GROUPS WORKING WITH PARENTS AND YOUNG CHILDREN

Community Food and Health (Scotland) or CFHS wants to encourage more groups working with families with young children to have the opportunity to learn about the link between diet and health.

Who can apply?

Groups working with families with children aged 0-8 can apply for up to £1000 to meet some or all of the costs of staff, volunteers or group members completing a REHIS Elementary Food and Health course. Groups should be working in low-income areas, or with families that are likely to be affected by living on a low income. We will consider funding groups to run their own courses or take part in courses run by someone else.

We will give priority to applications from groups where a group member (staff or volunteer) has taken part in a REHIS Elementary Food and Health course delivered by CFHS or was funded by CHFS to obtain an RSPH Certificate in Nutrition or RSPH Level 3 Award in Nutrition.

What can groups apply for?

- Fees and expenses for a REHIS tutor to deliver an Elementary Food and Health course to your group
- The costs for hiring a venue for the course and providing refreshments
- Other costs you will incur

If it is not possible for you to arrange a course for your group, we will also consider funding:

- Travel costs to attend a course elsewhere
- In exceptional circumstances, accommodation costs (if a course is not available within reasonable travelling distance)

How to apply:

You can apply in writing, by post or email, by telling us (in no more than 500 words, or one side of A4 paper) :

1. About your organisation – your organisation's name, address, telephone number. Please also include a contact name and an email address so that we can reach you quickly.

2. If you're running a course yourselves, who you want to deliver the course for you,
OR

3. If you're taking part in a course run by another organisation, its name and address.

You can find details of Elementary Food and Health training centres and tutors on the REHIS website, in the 'Training for Communities' section, www.rehis.org, 0131 229 2968. **If you have difficulty finding a tutor or training centre, please contact REHIS, info@rehis.org or by telephone, as there may be other centres that deliver the course; or contact us.**

4. When the course will be taking place.

Ideally, you will be running, or taking part in, a course before the end of March 2013.

5. How many people will be taking part and what their roles are within your group (e.g. staff volunteer, participant).

6. The amount of funding you are applying for, and what you want to use the funding for.

We may contact you for more information about your application.

Send your application to CFHS, Consumer Focus Scotland, Royal Exchange House, 100 Queen Street, Glasgow G1 3DN or to anne.gibson@consumerfocus.org.uk. The closing date for applications is **Friday 8 February**. You will hear if your application has been successful or not by Friday 15 February.

What else you need to know

We may not be able to fund every group that applies for funding.

CFHS will follow up the groups awarded funding, to identify what impact the funding has had. The follow-up may be carried out by CFHS or another organisation. Groups awarded funding will be expected to assist with this evaluation.

For more information:

Contact Anne on 0141 226 5261 or anne.gibson@consumerfocus.org.uk.