



## **ROYAL SOCIETY FOR PUBLIC HEALTH DIPLOMA IN NUTRITION AND HEALTH**

**11 - 15 & 27 JUNE 2012, GLASGOW**

Community Food and Health (Scotland) or CFHS is offering to pay the course fees for seven community food practitioners to obtain the Royal Society for Public Health (RSPH) Diploma in Nutrition and Health. The course is being delivered by the Nutrition Training Company over 4 ½ days, from **11- 15 June 2012**.

### **Why is CFHS offering this?**

CFHS wants more people to be able to deliver the Royal Environmental Health Institute of Scotland (REHIS) Elementary Food and Health course in their communities. Holders of the RSPH Diploma in Nutrition and Health can apply to REHIS to register as tutors to deliver the Elementary Food and Health course.

### **What is the RSPH Nutrition and Health qualification?**

This qualification is designed for people interested in the practical application of the principles of nutrition and healthy eating. Holders of this qualification will have a good knowledge and understanding of the principles of good nutrition and healthy eating and how to apply these principles in daily life.

### **What is the REHIS Elementary Food and Health course?**

This is a six-hour course that gives those taking part a basic knowledge of nutrition and its links to health. The knowledge can help them make positive changes to what they, their families and the people they work with eat. It is an accredited course. For more details, visit [www.rehis.co.uk](http://www.rehis.co.uk).

### **What qualifications or experience do I need to apply for a place on the RSPH course?**

You must hold a RSPH Certificate in Nutrition and Health or an equivalent qualification.

To become a REHIS Elementary Food and Health tutor, you must also have a qualification in training or be able to show that you have experience of delivering training to groups. Our application form asks you to confirm that you have checked with REHIS that you have an appropriate training qualification and / or training experience.

### **If I am offered one of the places on the course, what is expected of me?**

- You have checked that you are eligible to register to become an Elementary Food and Health tutor.

- You register to become a REHIS Elementary Food and Health tutor once you receive notification that you have been awarded the Diploma.

Please note: there is a cost for registering to become a tutor. Details of the costs can be obtained from REHIS.

- You intend to deliver at least one REHIS Elementary Food and Health course by end March 2013.
- Your employer has agreed that you can take part in the course.
- You participate in the course

If you are offered a place but do not attend, CFHS reserves the right to impose a cancellation charge to cover some of the costs incurred. If implemented, we will charge you unless we have been notified that the place will not be used at least 7 days before the starts, or we are able to fill the place. This cancellation charge will be £350, which is 50% of the cost to CFHS for providing this place. The application form requires a signature from your line manager to confirm that they are aware of this.

### How is the course assessed?

Assessment is by two examinations, one three hour general paper, and one two hour specialist paper and two assignments. The exam, for the general paper and specialist paper, is being held on **27 June 2012**. The assignments are additional work, and will be completed outwith the course times.

### What else do I need to know?

CFHS will **not** provide any other financial assistance if your application is successful. Your organisation will be expected to meet any other costs you may have, including travel or accommodation costs.

### How do I apply?

Download an application form from our website [www.communityfoodandhealth.org.uk](http://www.communityfoodandhealth.org.uk), or phone us on 0141 226 5261.

### When do I have to apply by?

Applications must be received by **Friday 20 April**

### Where can I find more information?

If you'd like more details, or have any questions about the course, please contact Anne on 0141 226 5621 or [anne.gibson@consumerfocus.org.uk](mailto:anne.gibson@consumerfocus.org.uk).