Funding opportunity

Funding opportunity for delivering the REHIS Elementary Food and Health Course for carers of adults with a learning disability course

CFHS is pleased to invite applications from groups and agencies working with or within the community or voluntary sector to deliver the REHIS Elementary Food and Health Course for carers of adults with a learning disability which was developed in 2011. Groups and agencies can apply for up to £600 towards the costs of delivering this course. We will start considering applications from 6 February 2012. The funding will close once all the funding has been allocated.

About the course
This 9-hour basic nutrition course is based on the Royal Environmental Health Institute of Scotland’s (REHIS) Elementary Food and Health course which has provided a background in nutrition and its effect on health and has been available since 2006. In 2011 the Glasgow Learning Disability Partnership, CFHS, REHIS, the Learning Disability Dietetic Clinical Network and other organisations supported the development of this course which is tailored to the needs of those supporting adults with learning disabilities. It provides information on: an introduction to food and health, eating for health and wellbeing, understanding energy balance, health issues with people with learning disabilities and menu planning. The course can be delivered by existing approved REHIS Elementary Food and Health Training Centres. Alternatively, trainers or applicants can apply to REHIS for approval to deliver REHIS Elementary Food and Health Course for carers of adults with a learning disability. The REHIS website has more information about the course. For more information about the approval system please contact Graham Walker, Director of Training 0131 229 2968

Who can apply?
We welcome applications from those working with or within the community or voluntary sector supporting adults with learning disabilities. We will prioritise applications from the community and voluntary sector. All applicants must be registered as a REHIS Elementary Food and Health or/and REHIS Elementary Food and Health Course for carers of adults with a learning disability course trainer OR eligible and planning to register as REHIS Elementary Food and Health for carers of adults with a learning disability. You can apply if you have already been funded by CFHS to deliver this course previously, however, we will prioritise applications from new applicants. We will ask successful applicants for a short evaluation report after they have completed the training.

Key dates:
We will start considering applications from 6 February 2012 and will award funding shortly after this. We will need a short evaluation report by the end of March 2012, thus groups will need to be able to complete the course by then.

What can you apply for?
The aim of this funding opportunity is to increase the availability of this accredited course to those supporting adults with learning disabilities. We would consider providing funding towards costs such as:

- staff time to plan and deliver the course
- volunteer expense costs associated with supporting the course
- REHIS course materials
- REHIS course registration /REHIS participant materials costs
- venue hire and refreshments for the course
- Registration costs to become a REHIS Elementary Food and Health Course for carers of adults with a learning disability trainer
- Reading materials on nutrition and learning disability – recommended reading is ‘Children and adults with learning disabilities, nutritional and practical guidelines’, by Dr Helen Crawley, The Caroline Walker Trust, 2007 www.cwt.org.uk

How to apply
Please complete the application form (LINK) and send this to Kim Newstead kim.newstead@consumerfocus.org.uk or post to Community Food and Health (Scotland) c/o Consumer Focus, Royal Exchange House, 100 Queen Street, Glasgow G1 3DN