

Getting Down to Business

A report from two one-day events held in Edinburgh and Inverness in February 2008 for community food initiatives interested in finding out more about social enterprise organised by Community Food and Health (Scotland)



**community
food and health**

(scotland)

About the events

The events provided participants with the opportunity to hear about social enterprise from practitioners and support agencies, and access targeted business support. An evaluation of the events indicates that, as a result of attending, some participants are intending to become or set up a social enterprise.

Background

For a number of years, Community Food and Health (Scotland) or CFHS has promoted social enterprise as an appropriate business model for some community food initiatives. These events built on this previous work.

The decision to hold the events followed discussions between CFHS, the Scottish Government Social Enterprise (now Third Sector) team and Public Health and Wellbeing Directorate, and NHS Health Scotland. The events were seen by all as assisting to meet policy objectives.

It was decided to hold one event in each of the Scottish Enterprise and the Highlands and Islands Enterprise areas. The rationale for doing so was the differing support structures (including financial) available to aspiring, emerging and established social enterprises in the two areas. Edinburgh and Inverness were chosen as the locations because of their accessibility by both public transport and car.

Purpose of the events

The purpose of the events was to:

- raise awareness of the social enterprise business model amongst community food initiatives;
- provide participants requiring it with targeted business advice;
- provide participants with signposting to relevant support agencies; and
- identify training required by community food initiatives wishing to become social enterprises.

Format of the events

Both events were planned to include the following:

- a presentation from Scottish Government Third Sector team about social enterprise policy and strategy;
- presentations from social enterprise support agencies about social enterprise;
- workshops led by community food initiatives operating as social enterprises;
- bookable one-to-one business advice sessions with social enterprise advisers; and
- informal networking opportunities.

Unfortunately, no-one from the Scottish Government was able to attend the event in Inverness.

Programme

The programme for both events differed to reflect the number of participants attending and the number of one-to-one sessions booked. Different speakers, workshop leaders and social enterprise advisers attended both events. Feedback from the first event also informed the content of the programme for the second.

Participants

37 people attended the event in Edinburgh and 19 in Inverness, representing a geographical spread of organisations involved with community food and health work or social enterprise.

One-to-one business advice sessions

Twelve sessions were available in Edinburgh, with all booked in advance. However, four sessions were cancelled prior to the event. The four sessions available in Inverness took place.

Participants were asked to complete and return a pre-event questionnaire which was used to match them, as far as possible, with the most appropriate social enterprise support agency. The advisers were sent copies of the relevant questionnaires in advance, in order to prepare for each session.

Participants were provided with a template for an action plan, to be completed during and after their session if they so wished.

The advisers were asked to provide CFHS with information about the sessions, to enable participants requiring further support to be signposted to the most appropriate social enterprise agency for follow-up. However, having made links at the sessions, some of the advisers have continued to provide support to participants. Some participants required no follow-up support at the time.

Evaluation of the events

Participants were asked for feedback at both events. A number of comments were received about the event in Edinburgh, none in Inverness. Unsolicited verbal feedback was received from participants at both events, which included comments about the usefulness of the one-to-one sessions and the presentations from community food initiatives in the workshops.

To ascertain what impact the events have had on participants or their organisations, an evaluation was carried out in June. Three questionnaires were used in the evaluation:

- a general questionnaire for all participants;
- an additional questionnaire for those having a one-to-one session; and
- an alternative questionnaire for participants from agencies.

The evaluation was also used to identify further training sought by participants.

Forty questionnaires were distributed, to 30 participants from community food initiatives and 10 from agencies. Questionnaires were not sent to speakers, workshop leaders or social enterprise advisers. Eighteen were returned (45% return rate). Of these, 13 were from community food initiatives, seven of which had had a one-to-one session. Two of the latter did not complete the additional questionnaire, but included comments about their one-to-one session in the general questionnaire.

A copy of the questionnaires, with responses, is included as an appendix on page 14.

Next steps

The information gathered through the evaluation will be used to identify further support CFHS can provide to community food initiatives that are, or may be, interested in becoming or establishing social enterprises. This support is likely to include signposting organisations to appropriate social enterprise support agencies, disseminating information about relevant training opportunities offered by other agencies, and developing or commissioning training – either alone or with other organisations – where gaps in provision are identified.

Presentations: speakers and workshop leaders



EDINBURGH

Introduction to social enterprise policy and strategy

Geoff Pope, Head of Opportunities for Growth team, Third Sector Division, Directorate of Public Sector Reform, Scottish Government

Geoff began by talking about the creation of the Scottish Government Third Sector Division in August 2007, amalgamating the Voluntary Sector Unit and Communities Scotland Social Economy Unit. He highlighted the role that the third sector plays in transforming people's lives, particularly in reaching people that the public and private sector cannot. He added that this has resulted in it being moved from the periphery to the centre of government. He highlighted that increasing the turnover of the social economy is one of the 45 indicators included in the Concordat agreed with local authorities. He also emphasised the importance of the health agenda in making Scotland economically successful.

He then spoke about the support and resources that will be available to the third sector and social enterprises. He stated that £93.6 million is to be invested in the third sector, with a £30 million Scottish Investment Fund being created to support social enterprises to become financially sustainable and deliver services meeting needs. He stated that details of the fund would be available from April, coinciding with the launch of a social enterprise action plan, and that both will create the environment in which organisations in the sector can grow. He added that the opening of the public procurement market and public-social partnerships needed to be taken into consideration in the development of the action plan. He said that there will be more pilot work between the public and social enterprise sectors and emphasised that the outcome expected would be high quality services that meet the needs of service users.

He spoke about the differing levels of support available to social enterprises, from start-up through to business development support from Scottish Enterprise or Highlands and Islands Enterprise. He stated that support would be available for social enterprises between these stages through a contract that has been awarded to a consortium led by CEiS.

In relation to the new investment fund, he added that the Scottish Government was working with other funders to reduce the bureaucracy on reporting on funding. He added that recipients of funding from the investment fund would be expected to utilise loan finance as well.

In answers to questions from participants, he stated that the Scottish Investment Fund would be opening in the summer, with details announced in April. He also stated that he saw social enterprise networks having the ability to form consortiums, to become of sufficient size to bid for contracts.

Demystifying social enterprise

Kevin Smith, Business Adviser, Community Enterprise in Strathclyde (CEiS)

Kevin began by outlining what is meant by social enterprise. He spoke about where social enterprise sits on the economic continuum between the public and private sectors and within the third sector. He gave a couple of definitions of what social enterprise is, and described the types and characteristics of social enterprises.

He then outlined what social enterprises do and shared statistics about the sector. He described the work of three organisations that he had worked with – Linthouse Urban Village, COPE Ltd and Wholefood Planet.

Kevin then talked about points that organisations interested in becoming a social enterprise should consider and continued by outlining the common characteristics of social enterprises and how they can be established. He finished by highlighting the next steps that organisations considering the social enterprise route needed to take.

From the idea to the reality – community food initiatives and social enterprise

Michelle McCrindle, the Food Train

Michelle spoke about the origins of The Food Train, a food delivery service for elderly, housebound or disabled people that operates in Dumfries and Galloway.

The service was established following a survey carried out in 1993 by local people. It now has six branches, involves 160 volunteers and provides a service to 500 customers. The organisation is currently piloting an additional service – Food Train EXTRA – which provides practical home support services to customers for a small charge. The Food Train generates approximately 20% of its income from service charges, and 80% from service level agreements. The organisation is enterprising in a number of ways, including seeking to maximise the use of their resources (including volunteers), creating partnerships with local businesses, and generating support locally. It is not aiming to be fully self-sustaining as it feels that this would be detrimental to some of their customers.

Michele finished her presentation by giving her 'top tips' for groups that are thinking about becoming a social enterprise which were: corporate identity is important; know your market; think like a business; and keep up your public profile.

In response to questions, Michelle stated that the drivers for the service were the rurality of the area, the closure of local shops and delivery services, and because shopping is not included in the free personal care provided by local authorities. She spoke about recruiting volunteers and said that they had good links with other organisations which greatly assisted. She stated that the most difficult issue they had faced was relationships with shops – Tescos in particular, but added that other shops were providing significant support 'in kind'. She added that they were planning to carry out a social return on investment evaluation in the future.

Dave Simmers, Community Food Initiatives North East (CFINE)

Dave spoke about CFINE, a community food initiative that runs a range of community food activities throughout Aberdeen City, Aberdeenshire and Moray.

Established to improve the health and wellbeing and contribute to regeneration in disadvantaged and excluded geographical and interest communities, it operates around 40 community food outlets in Aberdeen, the Fast Fruit scheme (delivering fruit to over 90 schools, nurseries and youth organisations), and a FareShare scheme distributing surplus foodstuffs to people experiencing food poverty. It also has an enterprise arm which sells fruit and vegetables to 25 oil companies in the area, with orders increasing. CFINE are actively looking to expand this market. Profits made by the enterprise arm are invested in the health and development work in disadvantaged and excluded communities.

Dave stated that CFINE aims to be self-sufficient and grant-free within five years, and that it had been awarded £500,000 from the Big Lottery Fund to purchase premises which will assist it to increase its trading. He spoke about the opportunities and challenges organisations wanting to become social enterprises face, including the need to equip boards and managers with the necessary skills, the importance of marketing, and taking advantage of companies' corporate social responsibility commitments. He added that working collectively strengthened organisations, and spoke about a joint development planned with WELFHED in West Lothian to establish a central distribution unit.

Marian McDonald, the Engine Shed

Marian talked about The Engine Shed, which was established in 1987 to provide people with learning disabilities the opportunity to train and make the transition from training to employment.

The Engine Shed offers a real working environment within the café, bakery, food processing unit and conference and meeting facilities. While it has had a stable funding arrangement for many years, changes to European funding will reduce the organisations' funding by one third within a year. With funding from the Futurebuilders programme, the organisation has carried out a business review to identify further income-generating potential and produced a five year business plan. The review was carried out by a consultant from the catering industry. It has also been awarded Big Lottery Funding to assist with the transition and roll out the business plan.

Marian spoke about the difficult business decisions that have been taken, and the implications of these for staff and management. She added that the organisation has gone through a culture shift, which has taken some time, and that the transition to a social enterprise has been difficult with the staff needing support through this process.

She gave the following advice to organisations wanting to become social enterprises: in terms of income and costs, identify what is and is not working and take the difficult decisions that are required; be professional and provide the best service that you can;

recognise that you may need different skills within your staff team or management body; and build successes into your business plan.

Ian Shankland, Lanarkshire Community Food and Health Partnership (LCFHP)

Ian spoke about LCFHP, which has emerged from the establishment of food co-ops in North Lanarkshire 17 years ago. Ian stated that the organisation does not see the 30 food co-ops operated by the partnership becoming social enterprises because they operate in low-income communities. He spoke about setting up services as social enterprises outwith these areas, but highlighted the tensions that this would bring to the organisation in terms of increased costs. He then described the new fruit and vegetable service that LCFHP are operating as a social enterprise in the three acute hospitals in the Lanarkshire area, why and how these were established, the difficulties that were faced in setting up a service in a Public Finance Initiative hospital, and the service outcomes. He stated that the profit made from the services was being used to cross-subsidise the fruit and vegetable co-ops.

Ian added that LCFHP may attempt to establish other social enterprises but stated that the view of LCFHP is that social enterprise works well when the activity provided supports the core values of an organisation, and is not purely about generating income. He added that it may be possible to extend the opening times of the stalls in the three hospitals. However, he stated that the implications for the organisation would need to be understood.

Presentations: speakers and workshop leaders

INVERNESS

Introduction to social enterprise

Kevin McDermott, Manager, REAP

Kevin began by outlining the work of REAP. He spoke about the findings of a survey carried out with social enterprises operating in Moray, and the main issues highlighted which were: governance and the role of directors; the need for clear guidance about the difference between contracts and service level agreements; the need to raise awareness about public procurement policy and procedures; and growth issues, particularly in relation to using loan finance. He highlighted that social enterprises in Moray have taken an asset-based approach to develop and that the 28 groups in Moray now own £3 million worth of assets. He also highlighted that there was a dearth on impact measurement, with 70% of groups unable to prove added value.

Kevin expressed the view that the present funding regime was driving the present trend towards becoming social enterprises, rather than a genuine commitment - 'having to' rather than 'wanting to'.

He then spoke about the social role that some private sector businesses are providing, suggested that social enterprises should be working with, and not competing with, these businesses.

Kevin then spoke about his personal experience of being involved as the director of Craighurst's Café, run by Loft Trading Company, the social enterprise arm of the Loft Youth Project. He talked about why the café had been established, its role as a training centre for young people entering the catering business, how the café was managed, the mistakes made and lessons learned. He added that there are values held by the company that are non-negotiable, while others are more aspirational.

Kevin finished by talking about the future of the café, and the plans to become a Community Interest Company. He explained that this decision had been made to allow the company to access private investment, while retaining, and being able to demonstrate, the community benefit element.

Getting started

Naomi Johnston, First Port

Naomi's presentation focused on what aspiring social entrepreneurs should consider. She suggested that this included being clear about what they really wanted to do, as well as having identified the demand for the product or service, the cash needed to set the enterprise up, where this could come from and the practical steps required.

She then passed on a number of tips relating to the financial aspect of setting up a social enterprise and followed this with questions for aspiring social entrepreneurs to consider about their expectations and support that they have.

Naomi spoke about the services that First Port can provide and some of the ideas that they are hoping to develop, including setting up a mentoring scheme for new starts.

From the idea to the reality – community food initiatives and social enterprise

Steve Garrett, Riverside Community Market Association (RCMA), Cardiff

Steve talked about RCMA, which was established in 1998.

Initially running a market monthly in a local park, RCMA now runs a weekly market in the Riverside area of Cardiff. It is a “real food” market, with stallholders all coming from the local area. The market is seen as contributing to the regeneration of Riverside, a multicultural area which is recognised as being an area of multiple deprivation.

Many of the market’s customers come from the more affluent parts of the area. To encourage the less affluent to buy food locally, a food co-op has been established. While this sells produce obtained from wholesalers, it is hoped that the customers will move on to buy from the market in time.

RCMA have a food development worker, funded by the Tudor Trust, whose role is to support the food co-op and run community and school-based food-related activities.

Steve added that they run a community allotment which has been well-resourced, but that the funding to support the garden ends next year. He stated that RCMA are looking at income generating ideas such as selling training courses. However, he added that agencies appear to be reluctant to purchase courses that RCMA have delivered for no, or little, cost. He spoke about a feasibility study that was being carried out to ascertain the economic viability of a market garden project, using seven acres of land identified in the area.

Steve ended by talking about RCMA’s expansion, and the imminent opening of a second market in another part of Cardiff.

Jo Hunt, Highlands and Islands Local Food Network

Jo ran his part of the workshop differently from the other facilitators. He began by asking the participants to split into groups of three, and discuss the activities and enterprising ideas of one of the three’s organisation and why they were considering becoming a social enterprise. He then spoke briefly about the work of HILFN, which is a network of 140 local food producers, 120 farmers, 20 active producers groups and 4500 consumers.

He highlighted the difficulties that HILFN had encountered in trying to identify income generating ideas that would provide the organisation with a surplus.

He also spoke about HILFN’s unsuccessful attempt to become suppliers to Highland Councils’ school meals service, but added that discussions were ongoing and that a pilot involving 35 products in 30 schools may be run.

Appendix - evaluation responses

EVALUATION – “GETTING DOWN TO BUSINESS”

If you need more space for any of your answers, please continue on a separate piece of paper.

1. Were your expectations of the event met? (Did you take away for the event what you were hoping to?) **18 RESPONSES**

YES 18 NO 0

If “NO”, what could have been done to meet your expectations?

2. How useful have the different parts of the event been for you? *Please tick all that apply*

	Very useful	Useful	Will be useful in the future	Has not been / will not be useful
Presentation from Scottish Government about policy and future plans (Edinburgh only)	6	4	1	0
Presentations from the social enterprise support agencies about social enterprise	9	8	1	0
Presentations by community food initiatives operating as social enterprises	13	3	0	2
One to one session with an adviser	4	2	1	0
Afternoon workshop (Inverness only)	0	7	0	0
Information stalls	3	6	5	1
Opportunities to network	9	8	0	0

We’d welcome all comments (good and bad!) that you have about the different parts of the event.

- Found the information delivered by presenters of community food initiatives brilliant. So much so that am in process of setting one up at (community food initiative).
- In afternoon workshop groups discussion felt really uncomfortable due to being asked loads of questions and I was the only person being asked questions and cover what we were supposed to have done as a result.
- Good. Useful event.
- Enjoyed the event. It was very informative and well organised. It was also well balanced between presentations, workshops and individual interviews. It was useful to have other information available to take away.
- Thought it was a good, informal event with opportunities to network.
- A really good event
- Presentations from social enterprise food initiatives were best part of the day – very motivational and lots of practical ideas and experiences to share.
- Morning speakers allowed to go on too long!
- I really enjoyed this event as it clarified what and how to include social enterprise as an income stream to part fund your project.

- One to one session with (social enterprise adviser) has led to a research project with the organisation and (his organisation) are supporting us all the way and have indicated support with a Big Lottery application – invaluable.

3. What else could have been included in the event to make it more useful for you?

- Nothing really – I have a specific interest in social enterprise in the local food sector.
- For me personally more information about the community food enterprises operating as social enterprises but realise that you can only fit so much into one day!
- It was good for me as it was.
- It was very inspiring to hear about live case studies, best way of finding out what it's all about. Maybe it would be good to have session with community food initiatives instead of or as well as (social enterprise adviser's organisation)? To have some sort of mentoring for a fixed period would be good.

4. We'd like to find out your views about the impact that the event has had on your organisation. Please tick all the statements that apply to your organisation. 13 RESPONSES

We are clearer about what social enterprises are 10

Having attended the event we.....

Want to become a social enterprise	5
Want to set up a social enterprise arm	2
Do NOT want to become, or set up, a social enterprise	0
Are unsure if we want to become, or set up, a social enterprise	4

Having attended the event we are aware of

The support available for organisations wanting to become, or set up, a social enterpriseIn our area	7
Nationally	6
The additional support we need to assist us to become, or set up, a social Enterprise		6
The training we require to help us become, or set up, a social enterprise		5

Following the event we have been in contact with.....

One (or more) of the social enterprise support agencies that was there <i>(please state who)</i>	3
First Port; CEiS	
Other social enterprise support agencies <i>(please state who)</i>	5
CEMVO; HISEZ x 2; REAP, First Port	
Community food and health organisation(s) that led a workshop <i>(please state who)</i>	2
Community food and health organisation(s) that were attending the event as	2

participants (please state who)

If there have been other impacts on your organisation, please write what these have been below

- Am in contact with community health workers. Also, am in process of going to the Healthy Living award- with small retail outlet selling fruit/veg to low income groups / people who live on their own and also vulnerable people.
- It is an idea I have taken to the table as a way to future fund our project.
- X (workshop leader) has also provided us with catering consultant details which has been very useful.

5. Participants at the events were asked what other training they would like. The topics suggested and others that we feel may be of assistance are listed below. Please tick those that would be useful for your organisation.

Entering into contracts with the public sector	3	Business planning	3
Understanding public procurement	4	How to start a social enterprise	4
Legal structures for social enterprises	6	Financing a social enterprise	8
Running a successful community café	5	Demonstrating the value of our organisation	6
Marketing skills	7	Building the capacity of our board / management committee	3

What other training would help your organisation? Please write in the box below

- Building the capacity and interest of volunteers.
- All of the above.

Are you happy to share your contact details with others who attended the event? If so, please tick this box. 15

Would you like to be kept up to date about future training and events run by / for Community Food and Health (Scotland)? If so, please tick this box. 16

Thank you for taking the time to complete this form. Please return it by post, fax or email to the contact details below by **Friday 20 June**.

Community Food and Health (Scotland), c/o Scottish Consumer Council, Royal Exchange House, 100 Queen Street, Glasgow G1 3DN

ABOUT YOUR ONE-TO-ONE MEETING WITH AN ADVISER

“Getting down to business” were the first events run by CFHS at which one to one sessions have been offered to participants. We are keen to find out if these have been

of value, therefore would be grateful hear your views. Some of the questions may appear similar to those included in the main questionnaire – please bear with us! If you require more space for any of your answers, please continue on a separate sheet of paper.

On a scale of 1 to 5, how useful did you find your one to one session? *(Please circle your answer)* **5 RESPONSES**

Not useful 2 3 4 x 3 Very useful
1 **2** **3** **4 x 3** **5 x 2**

How could your one to one session have been improved? *(Please write in box below)*

- A bit more time allocated to the session would have been helpful. Also, the pre-event questionnaire should have been discussed. It would have been helpful to get a copy of the action points that were taken by the adviser at the time.
- By sending overview of our social enterprise in advance for adviser to think about.
- If we had supplied background to the adviser before the event, so that they were aware of what we were about. I realise this would have been useful. I think my adviser was trying to be specific (about the sector I work in) -I know about that, but not about the general principles, pitfalls, organisation and support available for social enterprises. That's what I was looking for. I gave a high score because knowing that I was coming made me sit down and draw up the proposals beforehand. It was unclear whether it was meant to be the start of a working / mentoring relationship. That would be useful.

What did you discuss with the adviser you met with? *(Please write in box below)*

- General advice with regards to taking forward our café idea to the next level, and any support around to enable us to do it.
- Funding support networks, training
- Financing the social enterprise, structure, role of the board
- I had brought some social enterprise proposals with me, which we discussed.
- Development of social enterprise based on (other enterprise) at (local hospital) – woodland management, employment, tree and shrub nursery, composting, food production and café. Unfortunately for the time being the food production and café aspects are on hold.

At your session, what actions did you agree you would follow up? *(Please write in box below)*

- to organise exchange visits for our users 2. set up income and expenditure budget 3. to contact agency for support.
- My advisor would forward information as requested on support
- None specifically, but agree may talk with adviser in future
- He said he would look at the document more closely and get back to me with comments
- Following up with contacts e.g. similar social enterprises

Which of these actions have you followed up? *(Please write in box below)*

- Contacted agency
- All actions were followed up

- Not yet reached the point where we need further advice
- He didn't do the above, but he got back with a couple of contacts of organisations in the field. I don't feel that these were relevant at this stage. I need the support to create a solid business proposal.
- Contact with food producers and social enterprise advisers

If there are barriers or obstacles stopping you from taking forward the other actions, what are these? (Please write in box below)

- Time to implement exchange visit. Need more support to follow up setting up budgets – has requested this from (social enterprise support agency) but it was not followed through by them.
- Only my own time
- None
- Time. Not knowing where to go next.
- Heavy workload on current projects

How are you going to overcome these barriers or obstacles?

- Take action myself and also give priority
- Trying to explore funding for staff
- Necessity will prevail! I have come up with a plan for the overall sustainability of the project. I will seek assistance from (social enterprise agency) locally I suspect and maybe (social enterprise agency).
- Networking, taking advice, fundraising

Have you had any further contact with your adviser following the event?

YES 4 NO 1

If NO, are you expecting to be in contact with them in the future?

YES 0 NO 0

If there's anything else about your one to one session that you would like to add, please use the space below. Feel free to continue your answer on a separate piece of paper.

The best support I have had in this field. Thank you for this opportunity.

Thank you for completing this form. We appreciate your support. Please return it along with the other part of the questionnaire to the address, email address or fax number included.

**EVALUATION – “GETTING DOWN TO BUSINESS”
for participants from social enterprise agencies – 5 RESPONSES**

Responses to first 3 questions included above as same questions were used.

4. We would like to find out which of the following you agree with and / or applies to you or your organisation. Please tick all the statements that do.

As a result of attending the event, I am clearer about.....

The role that community food initiatives play in reducing inequalities relating to food and health	4
The types of activities that community food initiatives are delivering	5
The support that I / my organisation can provide to community food initiatives wanting to set up / become a social enterprise	5
The support available elsewhere for organisations wanting to become, or set up, a social enterprise	1
.....In our area	1
.....Nationally	2

As a result of attending the event, I / we

Have been in contact with the following community food initiative(s) that attended the event (please state who below),

- Extensive involvement with local food sector in Scotland
- Engine Shed
- Merkinch Café; HILFN
- Lanarkshire Community Food and Health Partnership; CFINE

AND.....

Have provided one-off support to one / more of these organisations	1
Continue to provide support to one / more of these organisations	2
Have referred one of these community food initiatives to other support agency / agencies	0

Have made contact with other community food initiatives, and

Have provided one-off support to one / more of these organisations	0
Continue to provide support to one / more of these organisations	1
Have referred one of these community food initiatives to other support agency / agencies	0

Have made contact with one / more than one of the support agencies attending the event 1

Have made contact with other social enterprise support agencies 2

If you would like to expand on any of the above please use this box below.

- Currently applying for Big Lottery for support for social enterprise in the local food sector.

- Hoping to use CFINE experience of fruit sales to businesses to help another organisation to do something similar

If there is anything else about the event that you want to tell us, please use the box below.

- Really enjoyed it.
- Found the event very useful. Helped me understand some of the issues affecting community food initiatives in Scotland

CFHS produces a quarterly newsletter which contains up to date information about community food and health policy and practice. **If you would like to receive our newsletter in the future, please tick this box and complete the box below.**

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As above, participants from agencies were also asked if they were willing to be included on a contacts list, and be kept informed of future training. Responses have been included in the results above.