

**Community Food and Health (Scotland)  
Small grant recipients 2011/2012  
(listed by NHS Board area)**

**Ayrshire and Arran NHS Board Area**

**Turning Point Scotland, Ayr**

Grant awarded: £3000.00

Purpose: healthy eating workshops within substance misuse/recovery service

**Borders NHS Board Area**

**New Horizons Borders, Galashiels**

Grant awarded: £2223.00

Purpose: development of gardens for support groups for adults with mental health support needs

**Dumfries and Galloway NHS Board Area**

**Headway House, Dumfries**

Grant awarded: £2168.00

Purpose: to develop existing vegetable garden

**Wellbeing Rhins, Stranraer**

Grant awarded: £1870.00

Purpose: food wellbeing project for men's group

**Fife NHS Board Area**

**Home Start East Fife, St Andrews**

Grant awarded: £520.00

Purpose: development of fruit and vegetable garden for families and children

**NHS Fife – Learning Disability Nutrition Group, Dunfermline**

Grant awarded: £1140.00

Purpose: deliver REHIS Elementary Food and Health course for carers of people with a learning disability

**Forth Valley NHS Board Area**

**Intensive Family Support Service, Falkirk**

Grant awarded: £1340.00

Purpose: development of the 'Cottage' family garden

**Cultenhove Opportunities, Stirling**

Grant awarded: £2960.00

Purpose: 'COP 4 a Barra' - pilot fruit and veg barra

**Grampian NHS Board Area****Blue Horizon, Aberdeen**

Grant awarded: £904.00

Purpose: parent and family cooking sessions

**Enable Scotland, Kingston on Spey**

Grant awarded: £772.50

Purpose: six healthy food on a budget workshop sessions

**Elgin Youth Development Group, Elgin**

Grant awarded: £2450.00

Purpose: 'Fun with Food' - an after school club

**Greater Glasgow and Clyde NHS Board****Heart of Scotstoun Ltd, Glasgow**

Grant awarded: £2495.00

Purpose: set up of weekly seniors' lunch in local community centre

**SAY Women, Glasgow**

Grant awarded: £2075.79

Purpose: cookery sessions and production of recipe booklet

**Hillhead Housing Association, Kirkintilloch**

Grant awarded: £1825.00

Purpose: roll out of community cooking programme

**Lambhill Stables, Glasgow**

Grant awarded: £2890.00

Purpose: 'Lambhill Stables Community Cafe'

**Fairbridge, Glasgow**

Grant awarded: £2585.84

Purpose: 'Meal or No Meal' - a weekly lunch club

**North Glasgow Community Food Initiative, Glasgow**

Grant awarded: £2550.00

Purpose: Healthy Start antenatal cookery and weaning project

**Streetlinks, Clydebank**

Grant awarded: £2076.00

Purpose: cookery sessions

**Neighbourhood Networks, Glasgow**

Grant awarded: £2585.00

Purpose: 10 week cookery course

**Reaching Older Adults in Renfrewshire, Paisley**

Grant awarded: £2000.00

Purpose: 'Cook, Eat and Feel Well @ the West' - cooking classes

**YWCA Glasgow, Glasgow**

Grant awarded: £2990.00

Purpose: 'Eating for Happiness and Health' - healthy activities programme

**Alexandria and District Diabetes Voluntary Group, Alexandria**

Grant awarded: £1872.00

Purpose: 'Staying Sweet' - local cooking sessions

**Crossroads Youth and Community Association, Glasgow**

Grant awarded: £854.00

Purpose: healthy eating, cookery sessions

**Turning Point Scotland 218 Service**

Grant awarded: £1840.00

Purpose: Life Skills - food and nutrition cookery group

**Highland NHS Board Area****West Ainess Residents Association, Ainess**

Grant awarded: £550.00

Purpose: eight week healthy eating course

**Lochaber Family Services, Fort William**

Grant awarded: £2100.00

Purpose: 'Green Fingers and Muddy Boots' - garden for growing fruit and veg

**The Green Activity Zone, Campbeltown**

Grant awarded: £1753.00

Purpose: designing and harvesting a vegetable and herb garden.

**Lochalsh Youth Community Trust**

Grant awarded: £3000.00

Purpose: the launch of the 'Do it Yourself Cafe'

**Lanarkshire NHS Board Area****The Haven, Blantyre**

Grant awarded: £2172.00

Purpose: 'Haven: Healthy Helpings' - healthy eating workshops

**North Lanarkshire Carers Together, Motherwell**

Grant awarded: £2460.00

Purpose: 'Feel Fantastic Fridays' - 6 week healthy eating programme

**Healthy Valleys, Rigside**

Grant awarded: £2831.00

Purpose: volunteer food and health training

**Larkhall Community Food Co-op, Larkhall**

Grant awarded: £2850.00

Purpose: equipment for pilot food co-op

**Bellshill Health/Eco Group, Bellshill**

Grant awarded: £531.00

Purpose: 'Bellshill Food 4 Families' - cookery workshops

**Lothian NHS Board Area**

**Edinburgh Community Cafe Network, Edinburgh**

Grant awarded: £2892.00

Purpose: Edinburgh Community Cafe loyalty voucher scheme

**Upward Mobility, Edinburgh**

Grant awarded: £2990.00

Purpose: 'Green Seeds Community Garden Project (North Berwick)

**The Ripple Project, Edinburgh**

Grant awarded: £2241.00

Purpose: promotion and training for Hub Grub Cafe

**CHANGES Community Health Project, Musselburgh**

Grant awarded: £1892.00

Purpose: Six healthy eating and exercise courses

**East Lothian Roots and Fruits, Prestonpans**

Grant awarded: £920.00

Purpose: pilot of Whitecraig community food co-op

**Dr Bell's Family Centre, Edinburgh**

Grant awarded: £1371.36

Purpose: 'Dr Bell's Cook School'

**Pilton Community Health Project, Edinburgh**

Grant awarded: £1500.00

Purpose: Muirhouse Community Food Festival

**Edinburgh Food and Health Training Hub, Edinburgh**

Grant awarded: £1538.00

Purpose: Gotuj z nami (cook with us) - eight week project for Polish mothers

**Edinburgh Cyrenians, Edinburgh**

Grant awarded: £1200.00

Purpose: learning resources for REHIS training courses

**Edinburgh Cyrenians, Edinburgh**

Grant awarded: £1595.48

Purpose: refurbishment of kitchen facilities

**Comas, Edinburgh**

Grant awarded: £2992.80

Purpose: 'Save a Penny use your Loaf' - 40 week budgeting, cookery and mentoring programme

**Shetland NHS Board Area****Shetland Youth Information Service, Lerwick**

Grant awarded: £900.00

Purpose: Healthy Eating Drive - healthy eating and cookery courses

**Tayside NHS Board****Community Connectors, Perth**

Grant awarded: £2500.00

Purpose: Snack Attack: healthy eating sessions for children and parents

**Helm, Dundee**

Grant awarded: £2205.00

Purpose: 'Helm Health Food Planner'

**Stay and Play Family Support Group, Dundee**

Grant awarded: £604.15

Purpose: Grow and Use: growing and cooking scheme

**Western Isles NHS Board Area****Cearns Community Development Group, Stornoway**

Grant awarded: £2999.00

Purpose: Healthy eating classes

**Pointers Young Mums Group, Stornoway**

Grant awarded: £2302.32

Purpose: 'Buy it, Cook it, Eat it' - cooking sessions

**Action for Children, Stornoway**

Grant awarded: £1430.00

Purpose: growing and healthy eating project

**Tagsa Uibhist, Balivanich**

Grant awarded: £2000.00

Purpose: the Social and Horticultural Project (SHP) - growing fresh herbs and seasonal fruit and veg