

**Community Food and Health (Scotland)  
Small grant recipients 2012/2013  
(listed by NHS Board area)**

**Ayrshire and Arran NHS Board Area**

**The Zone Youth Committee, Dalmellington**

Grant awarded: £2035.73

Purpose: Community Exchange Zone – growing project

**Virtual Inclusive Partners, Kilmarnock**

Grant awarded: £500.00

Purpose: nutrition, cookery and food hygiene training

**Borders NHS Board Area**

**New Horizons Borders, Galashiels**

Grant awarded: £2673.00

Purpose: NHB Cook It – cooking workshops for adults with mental health difficulties

**Penumbra BSLS, Galashiels**

Grant awarded: £1561.00

Purpose: growing and cooking project

**Eyemouth Men's Group, Eymouth**

Grant awarded: £978.00

Purpose: allotment project

**Dumfries and Galloway NHS Board Area**

**Wigtownshire Women's Aid, Stranraer**

Grant awarded: £1090.00

Purpose: healthy eating/living workshops

**Fife NHS Board Area**

**The Cottage Family Centre, Kirkcaldy**

Grant awarded: £1590.95

Purpose: Cook and Go

**FEATS CIC, Cowdenbeath**

Grant awarded: £2935.00

Purpose: pilot café project

**Clued up Project, Kirkcaldy**

Grant awarded: £2551.39

Purpose: cooking club

**NHS Fife, Cupar**

Grant awarded: £825.00

Purpose: community come dine with me project

**East Neuk Recovery Group Initiative, St Monans**

Grant awarded: £2769.00

Purpose: Eat Better, Feel Better initiative

**Cupar Youth Café, Cupar**

Grant awarded: £1300.00

Purpose: REHIS training for staff and young people

**Kelty Community Centre Management, Kelty**

Grant awarded: £2065.00

Purpose: cooking course for young people

**Forth Valley NHS Board****Falkirk Council, Falkirk**

Grant awarded: £1653.00

Purpose: development of cookery clubs

**Grampian NHS Board Area****Deeside Family Resource Centre, Aberdeen**

Grant awarded: £1150.00

Purpose: The Hub growing and cooking project

**Greater Glasgow and Clyde NHS Board****Scottish Association for Mental Health, Glasgow**

Grant awarded: £965.92

Purpose: Engage gardening project

**Childcare First Rainbow Nursery, Paisley**

Grant awarded: £1004.27

Purpose: food and health activities

**The Marie Trust, Glasgow**

Grant awarded: £2806.91

Purpose: gardening and better health project

**Glasgow Association for Mental Health, Glasgow**

Grant awarded: £960.00

Purpose: healthy eating course

**Eastwood Nursery Allotment Association, Glasgow**

Grant awarded: £2137.00

Purpose: growing project

**Quarriers Family Support Service, Glasgow**

Grant awarded: £1377.60

Purpose: healthy cooking and eating groups

**3D Drumchapel, Glasgow**

Grant awarded: £1600.00

Purpose: healthy eating education project

**Yoker Community Campus, Glasgow**

Grant awarded: £1820.00

Purpose: food and health workshops

**Highland NHS Board Area****Mid Argyll Youth Forum, Lochgilphead**

Grant awarded: £610.00

Purpose: healthy eating and weaning programme for parents

**North Coast Connections, Lairg**

Grant awarded: £2840.00

Purpose: growing project

**Inverness Women's Aid, Inverness**

Grant awarded: £640.00

Purpose: healthy eating on a budget workshops

**Lanarkshire NHS Board Area****Kirkshaws Neighbourhood Centre, Coatbridge**

Grant awarded: £1830.00

Purpose: Steps to Health Initiative

**Lothian NHS Board Area****Turning Point Scotland, Edinburgh**

Grant awarded: £ 1009.67

Purpose: 6 week cooking course

**Health in Mind, Bonnyrigg**

Grant awarded: £3000.00

Purpose: travelling café and healthy eating catering

**Fabby Food Store**

Grant awarded: £730.00

Purpose: development of food co-op

**Autism Initiatives Scotland, Edinburgh**

Grant awarded: £ 2416.00

Purpose: development of cooking workshops

**Deaf Action, Edinburgh**

Grant awarded: £2541.00

Purpose: practical cooking and nutrition information sessions

**Cyrenians Farm, Edinburgh**

Grant awarded: £2234.00

Purpose: growing food and growing community project

**Compass Project**

Grant awarded: £900.00

Purpose: Credit Crunch: cooking on a budget project

**Orkney NHS Board Area****Orkney Blide Trust, Kirkwall**

Grant awarded: £891.00

Purpose: Food for Life cooking classes

**Shetland NHS Board Area****Young Mums Group, Lerwick**

Grant awarded: £1050.00

Purpose: cooking and healthy eating on a budget initiative

**Shetland Islands Council**

Grant awarded: £1000.00

Purpose: growing project

**Tayside NHS Board****North Perth Community School, Perth**

Grant awarded: £981.00

Purpose: family cooking sessions

**PKAVS**

Grant awarded: £1450.00

Purpose: healthy dinner club

**Western Isles NHS Board Area**

**Pointers Young Mums Group**

Grant awarded: £1744.44

Purpose: cooking group for mums