

Development of a 'Healthy Weight Outcomes Framework': A contribution from community food initiatives

Wednesday 17 March
The Scottish Book Trust, 55 High Street, Edinburgh

1pm - Lunch

1:45 – Gill Scott, Scottish Government,
Preventing Overweight and Obesity: A Route Map Towards Healthy Weight

2pm - 'Healthy Weight Outcomes Framework' workshop

Across Scotland community food initiatives are achieving positive outcomes which are **making a difference** for individuals and families. It is crucial that we capture and share this understanding and experience of what makes a difference.

Community Food and Health (Scotland) and NHS Health Scotland are collaborating to host this event which provides an **exciting opportunity to contribute to the development** of a 'healthy weight outcomes framework'. We are also pleased to welcome Gill Scott, from the Scottish Government, to speak about ***Preventing Overweight and Obesity: A Route Map Towards Healthy Weight*** strategy, which will be launched on the 22nd of February.

NHS Health Scotland has been working with partners to develop a **'healthy weight outcomes framework'**. This framework is made up of different tools which will help partners, from a range of different sectors, to plan, monitor and evaluate health improvement activities related to healthy weight. The tools, including logic models and multiple results chains, are designed to link their outcomes from activities and actions with desired longer term changes for the health of people across Scotland. This event is an opportunity to further explore and develop this framework.

If you are interested in attending this event please complete the booking form below and return to CFHS by **Friday 5 March**.

Please return completed booking forms to Katrina.reid@consumerfocus.org.uk or alternatively post booking forms to Katrina Reid, National Development Officer, Community Food and Health (Scotland), c/o Consumer Focus Scotland, Royal Exchange House, 100 Queen Street, Glasgow, G1 3DN.

'Healthy Weight Outcomes Framework'
17th March 2010



Booking form

Name:

Name of group or organisation:

Address:

Post code:

Telephone No:

E-mail:

Do you have any special requirements (access or communication):

Please tell us briefly about your group or organisation, the activities you run and who benefits from your work:

Please tell us about your role in planning for and evaluation of outcomes achieved from the work of your group or organisation:

Please note, this event is not a training session and places will be limited; priority will be given to those who have a key role in planning and evaluating outcomes for community food initiatives.

We will provide a contribution towards travel and/or accommodation costs if needed by groups to be able to attend this event. If you would require support, please detail below:

Signature

Date

For more information or to discuss anything further, please contact Katrina at Katrina.reid@consumerfocus.org.uk or on 0141 227 1840.

Please return this booking form to Katrina.reid@consumerfocus.org.uk or alternatively post the form to Katrina Reid, Community Food and Health (Scotland), c/o Consumer Focus Scotland, 100 Queen Street, G1 3DN.

For more details of the venue, please visit www.scottishbooktrust.com