

**Community Food and Health (Scotland)  
Small Grant Recipients 2007/2008  
(listed by NHS Board area)**

**Ayrshire and Arran NHS Board Area**

**St Bridget's Nursery Class, Kilbirnie**

Grant awarded: £948.99

Brief description of what the grant will be used for: development of a fruit, herb and vegetable garden

**Bellsbank Women's Project, Dalmellington**

Grant awarded: £883.80

Brief description of what the grant will be used for: weaning cookery course

**North Ayrshire Young Scot, Stevenston**

Grant awarded: £700.00

Brief description of what the grant will be used for: Food Group – 7 week healthy eating programme for young people 12-14

**Homeless Implementation Group, Kilmarnock**

Grant awarded: £2,001.00

Brief description of what the grant will be used for: Cook Well, initiative to provide monthly cooking skills sessions within homeless hostels

**St John Ogilvie Primary School, Irvine**

Grant awarded: £500.00

Brief description of what the grant will be used for: provision of 'smoothie bar' for P6 & P7 pupils

**Borders NHS Board Area**

**Burnfoot Community School, Hawick**

Grant awarded: £840.43

Brief description of what the grant will be used for: "Blend for Baby" – "Flying Start" – "Bumps and Babies"

**Dumfries & Galloway NHS Board Area**

**Moffat Childcare Small n Tall, Moffat**

Grant awarded: £689.71

Brief description of what the grant will be used for: Eat a story; home and away; and healthy food, healthy kids projects for children

**Building Healthy Communities, Kirkconnel**

Grant awarded: £1,810.00

Brief description of what the grant will be used for: healthy cooking skills – cooking skills training for young mums

**Fife NHS Board Area****Beanstalk Fruit and Vegetable Stall, Dunfermline**

Grant awarded: £1,300.00

Brief description of what the grant will be used for: series of short cooking skills programmes for children and parents attending family centre

**Forth Valley NHS Board Area****Adult Day Services, Alloa**

Grant awarded: £1,913.96

Brief description of what the grant will be used for: Glenochil Community Garden, a gardening group for adults with learning disabilities

**Stirling Boys Club, Stirling**

Grant awarded: £2,650.00

Brief description of what the grant will be used for: An edible hedge for Darnley Park. To create an edible hedge of mainly summer fruits.

**Dawson Centre Management Committee, Falkirk**

Grant awarded: £1,840.00

Brief description of what the grant will be used for: cooking activities for young people

**Kerisbank Community Project, Grangemouth**

Grant awarded: £2,059.87

Brief description of what the grant will be used for: family cooking sessions, adult sessions and a weekly soup and roll day

**Salvation Army, Falkirk**

Grant awarded: £1,308.71

Brief description of what the grant will be used for: cooking classes for clients, to enable them to develop skills

**Stirling Health and Wellbeing Alliance, Stirling**

Grant awarded: £2,802.00

Brief description of what the grant will be used for: cooking sessions for young adults led by older adults

**Falkirk and District Association for Mental Health, Falkirk**

Grant awarded: £1,731.39

Brief description of what the grant will be used for: garden equipment and ingredients for cooking groups

## **Grampian NHS Board Area**

### **Mearns Community Development Group, Laurencekirk**

Grant awarded: £2,039.00

Brief description of what the grant will be used for: health promotion and distribution and delivery of fruit and veg to rural communities

### **NCH Aberdeen Families Project, Aberdeen**

Grant awarded: £1,390.00

Brief description of what the grant will be used for: Confidence to Cook sessions – equipment and provisions

### **Grampian Autistic Society, Aberdeen**

Grant awarded: £823.90

Brief description of what the grant will be used for: supplies and equipment for healthy snack making project at Jigsaw playscheme

### **Tillydrone Community Flat, Aberdeen**

Grant awarded: £2,432.50

Brief description of what the grant will be used for: Tillydrone Fun Food Group – practical cooking sessions and supermarket trips with young parents

### **Peterhead Family Centre, Peterhead**

Grant awarded: £525.59

Brief description of what the grant will be used for: the Can't Cook Will Cook Group – to help parents and carers expand their knowledge on nutrition

### **WEA Reach Out Project, Aberdeen**

Grant awarded: £2,830.00

Brief description of what the grant will be used for: creation of a training kitchen

## **Greater Glasgow and Clyde NHS Board Area**

### **Whitlawburn Fruit Barra, Glasgow**

Grant awarded: £600.00

Brief description of what the grant will be used for: new fridge and new scales

### **The Hidden Gardens, Glasgow**

Grant awarded: £2,978.00

Brief description of what the grant will be used for: the Baby Weaning Club – weekly cookery sessions for local mums with children under 2 years

### **ENABLE Scotland, Glasgow**

Grant awarded: £1,475.00

Brief description of what the grant will be used for: provision of REHIS elementary food and health training to staff and to develop and deliver an inhouse course/workbook in nutrition and health

**Hillhead Children's Garden, Glasgow**

Grant awarded: £1,690.00

Brief description of what the grant will be used for: Refruiting Glasgow – pilot orchard visiting project for children and parents

**Turning Point Scotland, Glasgow**

Grant awarded: £800

Brief description of what the grant will be used for: Moving on to Better Eating – to enable service users to grow their own vegetables

**St David's Primary School, Johnstone**

Grant awarded: £264.31

Brief description of what the grant will be used for: Grow, Cook and Eat – set up sustainable organic garden site in playground

**Milton Food Project, Glasgow**

Grant awarded: £504.96

Brief description of what the grant will be used for: Milton Garden Project – expand volunteers's skills in self sufficiency in growing basic salad crops and herbs

**Darnley Street Family Centre, Glasgow**

Grant awarded: £2,408.00

Brief description of what the grant will be used for: Good Food Club – healthy food preparation and cooking methods for 8-12 year old girls.

**Deafblind Scotland, Lenzie**

Grant awarded: £2,656.00

Brief description of what the grant will be used for: cooking for health project

**Sense Scotland, Glasgow**

Grant awarded: £2,975.00

Brief description of what the grant will be used for: Looks Good Enough to Eat – development of online healthy recipe resource for people with sensory, physical and/or learning support needs

**Fairbridge in Glasgow**

Grant awarded: £1,415.00

Brief description of what the grant will be used for: How to cook healthy meals on a budget.

**Renfrewshire Association for Mental Health, Paisley**

Grant awarded: £692.00

Brief description of what the grant will be used for: 6 week cooking skills and healthy eating workshops for 3 family groups

**Council for Homeless Young People, Glasgow**

Grant awarded: £690.00

Brief description of what the grant will be used for: healthy eating breakfast club and themed cookery evenings

**YWCA Family Learning Centre, Glasgow**

Grant awarded: £704.00

Brief description of what the grant will be used for: equipment for healthy eating courses

**Highland NHS Board Area**

**Mallaig & Morar Community Centre Association, Mallaig**

Grant awarded: £2,690.00

Brief description of what the grant will be used for: to initiate an S1 & 2 Active Youth Healthy Eating Project

**Bute Healthy Living Initiative, Rothesay**

Grant awarded: £1,048.00

Brief description of what the grant will be used for: one pot cooking courses – fortnightly cooking sessions for 2 local groups

**Lanarkshire NHS Board Area**

**Getting Better Together Project, Shotts**

Grant awarded: £2,996.61

Brief description of what the grant will be used for: equipment for food co-ops

**St Stephen's Primary After School Family Club, Coatbridge**

Grant awarded: £580.00

Brief description of what the grant will be used for: healthy eating project for children and parents

**ALN Development Centre, Wishaw**

Grant awarded: £2,800.00

Brief description of what the grant will be used for: 3-2-1 cook – healthy cooking initiative

**St Matthew's Primary School, Wishaw**

Grant awarded: £2,963.20

Brief description of what the grant will be used for: Wonderful Wishaw Cookery Club – for children and adults

**Lothian NHS Board Area**

**Niddrie Mill Primary School, Duns**

Grant awarded: £1,651.62

Brief description of what the grant will be used for: Organic garden project – in school grounds

**Gorgie City Farm, Edinburgh**

Grant awarded: £2,500.00

Brief description of what the grant will be used for: Grow your own – demonstration vegetable plot

**Edinburgh City Youth Café, Edinburgh**

Grant awarded: £2,016.00

Brief description of what the grant will be used for: Thrifty Munch – cooking activities for vulnerable young people

**Café Bloom, Edinburgh**

Grant awarded: £2,835.00

Brief description of what the grant will be used for: healthy cooking groups

**Bookstart 0-3, Edinburgh**

Grant awarded: £1,020.00

Brief description of what the grant will be used for: Can't Cook Want to Cook Young Mum's project

**The Rock Trust, Edinburgh**

Grant awarded: £910.00

Brief description of what the grant will be used for: The Chopping Board – 10 week cooking group for young homeless

**Waverley Care Solas, Edinburgh**

Grant awarded: £846.00

Brief description of what the grant will be used for: Waverley Care Food Co-op – equipment and supplies

**Edinburgh Cyrenians**

Grant awarded: £800

Brief description of what the grant will be used for: distribution of store cupboard pack for people who have completed 8 week basic 'cooking at home' session

**Woodlands Nursery School, Livingston**

Grant awarded: £541.00

Brief description of what the grant will be used for: Big Cook/Little Cook – cooking sessions for parents and children

**Orkney NHS Board Area**

**Orkney Association of Youth Clubs, Kirkwall**

Grant awarded: £3,000.00

Brief description of what the grant will be used for: Heel and Weel Youth Project – peer education health and wellbeing project

### **Shetland NHS Board Area**

#### **Housing Outreach Service, Lerwick**

Grant awarded: £960.00

Brief description of what the grant will be used for: basic cookery and healthy eating sessions for new tenants

### **Tayside NHS Board Area**

#### **Alyth Out of School Club, Alyth**

Grant awarded: £749.06

Brief description of what the grant will be used for: cooking classes for children

#### **NHS Tayside Perth and Kinross CHP, Perth**

Grant awarded: £3,000.00

Brief description of what the grant will be used for: Tea for Two – practical cookery pilot to promote healthy eating during pregnancy

### **Western Isles NHS Board**

#### **Iomairt Nis, Isle of Lewis**

Grant awarded: £3,000.00

Brief description of what the grant will be used for: The elderberry Community Garden – purchase of a polytunnel for the over 60s group

