

**Community Food and Health (Scotland)  
Small grant recipients 2008/2009  
(listed by NHS Board area)**

**Ayrshire and Arran NHS Board Area**

**Age Concern Broomlands & Bourtreehill, Irvine**

Grant awarded: £1220.45

Purpose: crockery, cutlery and kitchen utensils for elderly lunch club

**Ayrshire Initiatives, Ayr**

Grant awarded: £3000.00

Purpose: healthy eating initiatives for 16+ homeless

**East Ayrshire Council, Kilmarnock**

Grant awarded: £500.00

Purpose: equipments and ingredients for cookery skills programme for young people 12-19

**East Ayrshire Women's Aid, Kilmarnock**

Grant awarded: £1571.24

Purpose: 'Oh so good' food sessions: to provide training and education on healthy eating on a budget

**Kilbirnie Youth Project, Dalry**

Grant awarded: £873.50

Purpose: ingredients and equipment for after-school healthy eating activities

**NHS Ayrshire & Arran, Girvan**

Grant awarded: £2620.00

Purpose: Best Fed Babies cooking support: cookery sessions at home for participants in the Best Fed Babies scheme

**Scottish Association for Mental Health, Stevenson**

Grant awarded: £603.50

Purpose: equipment for gardening project

**Sorn Educational Trust, Sorn**

Grant awarded: £965.58

Purpose: equipment and food for healthy snack provision

**Borders NHS Board Area**

**Burnfoot Community School, Hawick**

Grant awarded: £910.00

Purpose: Tots to the Table: ingredients and resources for 8 week project for parents and carers

**Ishuze Youth Action Project, Peebles**

Grant awarded: £491.00

Purpose: soup and smoothie project: provisions and equipment for youth project

**Lanark Lodge Day Service, Duns**

Grant awarded: £1635.50

Purpose: the Vegetable Garden - to start and sustain a vegetable garden

**Dumfries & Galloway NHS Board Area**

**'The Base' Summerhill Senior Youth Group, Dumfries**

Grant awarded: £2000.00

Purpose: The Hot and Cool Chill Zone – provisions and equipment for cooking activity group

**Fife NHS Board Area**

**ENERGI, St Monans**

Grant awarded: £3000.00

Purpose: weekly shopping trips and cooking classes for groups

**Gourmet Gannet, Leven**

Grant awarded: £2980.95

Purpose: equipment for community cafe

**Scottish Christian Alliance, Glenrothes**

Grant awarded: £1110.00

Purpose: to run cookery classes based in established homeless projects

**St Ninians Church Homelessness Awareness Group, Leven**

Grant awarded: £1500.00

Purpose: household starter pack initiative – healthy food on a budget cooking classes providing kitchen starter pack on completion

**Forth Valley NHS Board Area**

**Active Forth, Grangemouth**

Grant awarded: £675.00

Purpose: Active Forth weight management programme

**Alloa Family Centre, Alloa**

Grant awarded: £1368.00

Purpose: Can't cook – want to learn? – cooking group for young carers/parents/parents to be

**Bannockburn Health Visiting Team, Bannockburn**

Grant awarded: £900.00

Purpose: family cooking group – equipment, creche and hall hire

**Camelon Community Project, Falkirk**

Grant awarded: £2984.90

Purpose: equipment and taster sessions in community cafe

**Carmuir Primary School Parent Council, Falkirk**

Grant awarded: £703.58

Purpose: equipment and food hygiene training for healthy tuckshop

**Claremont Primary School, Alloa**

Grant awarded: £1998.98

Purpose: growing project to provide produce for healthy tuck shop

**Let's Make It Better, Stirling**

Grant awarded: £2300.00

Purpose: food activity workshops at Sunlite café

**Scottish Society for Autism, Alloa**

Grant awarded: £1818.00

Purpose: the William Simpson Vegetable Garden – development of allotment and greenhouse

**Secondary Schools Support Service, Alloa**

Grant awarded: £1912.00

Purpose: Cooking with Confidence – to run sessions for pupils and carers to buy and prepare healthy meals

**Westfield Park Community Centre Management Committee, Falkirk**

Grant awarded: £2062.00

Purpose: equipment and training for cooking classes

**Grampian NHS Board Area**

**Cults Primary School, Aberdeen**

Grant awarded: £1980.00

Purpose: workstations for cooking classes

**Harvest Community Church, Peterhead**

Grant awarded: £2300.02

Purpose: Taste and See – cooking club for adults of all ages

**St Machar Academy, Aberdeen**

Grant awarded: £1700.00

Purpose: setting up health promoting tuck shop for S1 and S2 pupils

**Sunnybank Community Centre, Aberdeen**

Grant awarded: £2270.00

Purpose: cooking classes for young mums and dads

## **Greater Glasgow and Clyde NHS Board Area**

### **East End Kids and Co, Glasgow**

Grant awarded: £2898.00

Purpose: Get Cooking, Get Shopping workshops

### **Glenburn School, Greenock**

Grant awarded: £1310.00

Purpose: Back to Basics for Parents – cooking classes

### **Home Start Glasgow South**

Grant awarded: £2014.00

Purpose: Healthy Home-Start Kick Start – ingredients and resources

### **Jogging Buddies, Paisley**

Grant awarded: £1150.00

Purpose: Healthy eating, active living – resources for 8 week programme

### **Knowetop Community Farm, Dumbarton**

Grant awarded: £2950.00

Purpose: equipment for Knowetop Café

### **Lodging House Mission, Glasgow**

Grant awarded: £1820.00

Awarded: for healthy eating and life skills project

### **North Glasgow Community Food Initiative**

Grant awarded: £1260.00

Purpose: the Green Food Hit Squad – small scale food production and cookery skills

### **Preparation for Life (NCH Scotland), Alexandria**

Grant awarded: £2650.05

Purpose: cooking sessions for homeless young people

### **Women Moving On, Alexandria**

Grant awarded: £300.30

Purpose: equipment and ingredients for cooking sessions

## **Highland NHS Board Area**

### **Achahoish Primary School, Lochgilphead**

Grant awarded: £150.00

Purpose: food and equipment for cooking project

### **Mid Argyll Cancer Care Support Group, Ardrishaig**

Grant awarded: £2189.00

Purpose: programme promoting healthy eating before, during and after cancer care

### **Quarriers Oban Rooftops, Oban**

Grant awarded: £608.50

Purpose: 10 week cookery programme for young single homeless mums

### **Lanarkshire NHS Board Area**

#### **Sikeside Primary and Nursery School, Coatbridge**

Grant awarded: £616.00

Purpose: healthy eating project for parents and children

#### **St Brendans Primary School, Motherwell**

Grant awarded: £2998.29

Purpose: the Clever Cooks Club – cooking programme for children and parents

#### **Townhead Primary and Nursery School, Bargeddie**

Grant awarded: £900.00

Purpose: healthy eating and living programme – provisions and equipment for cooking classes

#### **Toss Theatre/Youth Group, Bellshill**

Grant awarded: £1932.00

Purpose: developing a piece of drama on eating disorders and diet and health

#### **The Clydesdale Community Food Market, Carlisle**

Grant awarded: £1650.00

Purpose: pilot food market project

#### **The Haven Caring Counselling Communication Centre, Blantyre**

Grant awarded: £2984.00

Purpose: Food for Thought – healthy eating workshops

### **Lothian NHS Board Area**

#### **Black Community Development Project, Edinburgh**

Grant awarded: £2275.00

Purpose: the World Café – training for volunteers

#### **Blackburn Early Years Action Group, Livingston**

Grant awarded: £1634.76

Purpose: Wean the Weans – cooking equipment and ingredient for healthy weaning and early feeding activities

#### **Pilton Community Health Project, Edinburgh**

Grant awarded: £2920.00

Purpose: development of healthy tuck shops in 4 primary schools

#### **Randolph Crescent Hostel, Edinburgh**

Grant awarded: £1062.00

Purpose: starting a fruit and veg garden for residents

### **Tayside NHS Board Area**

**Cair Scotland, Dundee**

Grant awarded: £2676.00

Purpose: healthy eating programmes for young people

**Gowans Child and Family Centre, Perth**

Grant awarded: £630.00

Purpose: Lifeskills cookery group for parents and children under 5

**Southton Smallholding, Perth**

Grant awarded: £2197.00

Purpose: set up and fit out of a second polytunnel and repair existing

**Western Isles NHS Board**

**Barra Pre School**

Grant awarded: £1949.96

Purpose: Good 4U project – equipment for healthy meal provision, and plants for community garden